



Chiropractic & Osteopathic Paediatric Practitioners as at 01 July 2014

very gentle, incredibly safe and tremendously effective.

It is recommended that **children attend up to six spinal examinations a year**, at which time the development of the spine, joints and muscles will be investigated. Spinal check-ups performed when your baby begins to sit, crawl and walk can ensure that these movements are being performed correctly and identify any possible impediments to proper spinal maturity.

“Why does my child need Chiropractic care? His back doesn’t hurt.”



**Newborn Babies, Toddlers and School-age Children
can Benefit from Chiropractic Treatment**

Just as you don't wait until your children complain of toothache before taking them to a dentist, don't wait until they complain of backache before having their spines checked.

The most neglected factor in most children's health is their spine. Your children may have their first subluxations. Have they had their first adjustment?

What pediatric conditions can be treated with chiropractic?

- ◇ Scoliosis (curvature of the spine)
- ◇ Nocturnal enuresis (bed wetting)
- ◇ Deformational plagiocephaly (flat spots on the head)
- ◇ Headaches
- ◇ Back pain
- ◇ Otitis media (ear infections)
- ◇ Babies who are unsettled
- ◇ Babies that are not nursing well on the mothers breast
- ◇ Children who are clumsy
- ◇ Children who have learning difficulties
- ◇ Colic
- ◇ Sporting injuries such as sprains/strains or joint problems
- ◇ Children experiencing sinus problems
- ◇ Children who have allergies

Preliminary studies suggest that colic, unusual crying, poor appetite, ear infections or erratic sleeping habits can be signs of spinal distress and that Chiropractic has a proven track record in helping with these problems.

Paediatric Chiropractic for babies

Paediatric Chiropractic, or Chiropractic for small children, is new to some.

Perhaps the biggest misconception that people have is that chiropractic is all about back pain and 'crunch and crack'! Nothing could be further from the truth.

Paediatric chiropractic is first and foremost safe and very gentle. Chiropractic for young children has proven to be very safe.

The initial consultation includes an examination and information gathering about expected development for the child, 'developmental milestones'. Compromise to the neuromuscular system can impair normal development.

Common problems encountered include a lack early gross motor skills such as inability to turn the head fully, roll over, sit independently, crawl in a cross pattern and late walking. Infantile colic and reflux may be manifestations of problems in the neuromuscular system, which in turn may respond favourably to paediatric chiropractic.

It is true that the birth process can damage the neuromuscular system, but many other factors can affect the young child, such as: falls, illness, feeding issues, lack of appropriate exercise, the use of baby walkers etc.

You may be referred to us from chiropractors, other healthcare professionals, including general practitioners or family and friends. GP referral is only a requirement for chronic patients who qualify for Medicare rebate.



“The most important part about getting people well is to take your time, give them the utmost of your ability as a chiropractor, find the correct subluxation, accept it. Correct it. Leave it alone.”
Clarence S Gonstead

CONTENTS

1. Chiropractic Paediatricians - Practitioners.....	6
Bec Thackray	6
Catriona McNamara	7
Lucy Scotts	7
Andrew Knight	8
Bayden MacKenzie	8
Luke Stubbs	9
Kate Oliver.....	9
Gemma Kroon	9
Scott Vatcher.....	9
Brett Grant	10
Matthew Smith	10
Orazio Trevisan	11
Blake Horner	12
Veronica Horner.....	12
Olivia Gleeson	12
Louise Fisher	12
Jim Skivalidas.....	12
Alyson Murray.....	13
David Pham	14
Lisa Shelton	14
Elise McNamar	14
Jeanine Rees.....	15
Merri Harris.....	16
Nadine Mulder	16
Peter Pahos	16
Jocelyn Olsson	17
Braden Keil.....	17
Adam Stewart	17
Louise Nelson	17
Carrie O'Neil.....	17
Brooke T Wilcher.....	18
Jacey Pryjma.....	18
Andrew Arnold	18
Jana Judd	19

Clair Hogan	19
Helena Ford	20
Steven Berntsen	20
Paul Chamberlain	21
Michael Carbone	21
Damien Nagalingum	21
Alexandra Harris	22
Matt Sexton	22
Michael Sexton	22
Ben Sexton	22
Nathaly Desjardins	22
Jill Miller	23
Melissa Michels	23
Debra Villar	23
Tim Maguire	24
Sophie Navin	24
Rachel Young	24
Magda Lipnicka	25
Matthew Comerford	25
James Gardiner	25
Warwick Dean	25
Tarryn Walker	26
Chris Walker	26
Christopher Agius	26
Peter Farrelly	27
Cas Grace	27
Mary Clutterbuck	29
Cameron Hopkins	29
Alan Corin	30
Stephanie Courtney	30
Carrie O'Neil	31
Patrick McPhie	31
Adam Sherriff	31
Belinda Hall	31
Michael O'Doherty	32
Bruce Ellis	32

Verity Ellis.....	32
2. Osteopathic Paediatricians - Practitioners.....	33
Roger Kingston	33
Sharon Franklin	33
Melissa Jhey	33
Sarah Graeme-Evans.....	33
Kate Piller	34
Rati Howley	34
Shayne Day.....	34
Scott Baxter	34
Rebecca Reed-Baxter	34
Anna Wong Soo.....	34
Emma Kopcikas	34
Jim Pattinson.....	36
Justin Tate	36

1. Chiropractic Paediatricians - Practitioners

<http://www.chirocareforkids.com.au/>

Chiro Care for Kids

Bec Thackray

Our Aim:

Paediatric Chiropractic offers one way to help these babies.

Babies may not have back pain, but they may in some respect suffer from discomfort that can be helped.

At CHIRO CARE for KIDS we have extra post graduate paediatric qualifications.

We aim to always be as qualified, up to date, well researched and to apply best clinical practice.

Our style of treatment is as low intervention as possible. Treatment is gentle, precise and safe.

'At CHIRO CARE for KIDS we aim to provide the highest possible quality of care to our patients.

We aim to restore normal physiological balance through gentle, specific adjustments to the nervous system. We are particularly dedicated to specialising in chiropractic treatment for babies and children.'

Paediatric Chiropractic for babies

Paediatric Chiropractic, or Chiropractic for small children, is new to some.

Perhaps the biggest misconception that people have is that chiropractic is all about back pain and 'crunch and crack'! Nothing could be further from the truth.

Paediatric chiropractic is first and foremost safe and very gentle. Chiropractic for young children has proven to be very safe.

The initial consultation includes an examination and information gathering about expected development for the child, 'developmental milestones'. Compromise to the neuromuscular system can impair normal development.

Common problems encountered include a lack early gross motor skills such as inability to turn the head fully, roll over, sit independently, crawl in a cross pattern and late walking. Infantile colic and reflux may be manifestations of problems in the neuromuscular system, which in turn may respond favourably to paediatric chiropractic.

It is true that the birth process can damage the neuromuscular system, but many other factors can affect the young child, such as: falls, illness, feeding issues, lack of appropriate exercise, the use of baby walkers etc.

You may be referred to us from chiropractors, other healthcare professionals, including general practitioners or family and friends. GP referral is only a requirement for chronic patients who qualify for Medicare rebate.

Common Presentations:

- Feeding Issues, eg. trouble turning the head to one side
- Flatness on the side of the Skull
- Poor Head Control
- Excessive Crying, "Colic" or Irritability
- Can't Roll Over
- Crawls with one Foot up
- Did not Crawl at all
- Sitting in "W Position"
- Recurrent Otitis Media, Middle Ear Infections, typically associated with postural faults.

<http://www.parkroadchiropractic.com.au/>
Park Road Chiropractic

Catriona McNamara

Chiropractic is a natural, non invasive option for spinal problems.

“Why does my child need Chiropractic care? His back doesn’t hurt.”

With a healthy body and spinal column, a child’s body can better deal with:

- sore throats,
- ear infections,
- fevers,
- colic,
- asthma,
- tonsillitis,
- allergies,
- bed-wetting,
- viruses and bacterial infections,
- pains,
- stomach-aches,



<http://www.oasishealth.net.au/Chiropractic/paediatic.htm>
Oasis Health

Lucy Scotts

**Newborn Babies, Toddlers and School-age Children
can Benefit from Chiropractic Treatment**

Paediatric

Paediatric Chiropractic is a non invasive, drug free way to solve many health issues with children. It is amazing how our kid's first journey, through the birth canal, can have them arrive out of balance. From there, as we know, there are endless activities that could result in a young one's spine and body needing an adjustment.

Lucy Scotts specialises in paediatric chiropractic at Oasis Health and is very passionate about providing the best care for your newborn babies and children. She makes your children feel comfortable in her paediatric room with plenty of toys to play with, books to read and the kiddies colouring table. There is even a clownfish adjusting table for little toddlers which they can climb up on all by themselves!!

Newborn Babies, Toddlers and School-age Children can Benefit from Chiropractic Treatment

Gentle, safe paediatric techniques may help in the treatment of many general childhood challenges that include the following:

Chiropractic for Newborns

- settling and feeding issues, irritable babies
- cranial problems, unusual head shapes
- neurological problems
- neck and shoulder problems after traumatic births
- sleep disturbance
- hip problems
- reflux and digestive issues
- crawling and walking delays

Chiropractic for Toddlers and School Age Children

- recurrent ear, nose and throat infections, glue ear
- sleep disturbance, bedwetting
- fine or gross motor delays;
- speech language
- poor digestive function
- breathing difficulties
- scoliosis checks and treatment

<http://www.thinkchiropractic.com.au/paediatics>

Think Chiropractic &
Body First Chiropractic

Andrew Knight

... Paediatrics

Pediatric Chiropractic is chiropractic that has been designed specifically with children in mind. Babies and toddlers undergo rapid changes in their body in a short amount of time. More so than at any other time in their lives. Unfortunately, not all children go through this process problem free. Pediatric chiropractic takes into account these rapid changes that a growing child goes through and helps them to have the best functioning nervous system they possibly can. Pediatric Chiropractic can also help with many childhood conditions, such as poor sleeping patterns, bed wetting, learning difficulties, digestive issues and ADD. The approach is very gentle, incredibly safe and tremendously effective.

<http://www.mckenziechiropractic.com.au/chiropractic-for-kids.aspx>

MacKenzie Chiropractic

Bayden MacKenzie

Why Do Babies See Chiropractors?

Many conditions of infants respond very well to chiropractic care. Colic, irritability, sleeping and feeding problems and even weakened immune function can often be linked to nerve irritation caused by spinal dysfunction.

Chiropractic care for babies and children works under the same basic premise as chiropractic care for adults. To put it simply: spinal subluxations cause nerve irritation. Nerve irritation interferes with the body's ability to function normally. Poor function leads to ill health. Chiropractors remove subluxations.

Chiropractic adjustments for infants are extremely safe and gentle. The



<http://www.coomerawellnesscentre.com.au/page/chiropractic-for-children-pediatric-chiropractic>
Coomera Wellness Centre

Luke Stubbs

Kate Oliver

Gemma Kroon

Chiropractors treat children of all ages for a range of different problems. Parents often bring children to see a chiropractor for sleep problems, irritability, or in circumstances where the child does not seem to be able to do normal activities (such as crawling) properly.

<http://www.oxenfordchiropractor.com.au/dr-scott-vatcher/>
Oxenford Chiropractor

Scott Vatcher

**Why Would I Get My Child
Checked By A Chiropractor?**

For more information on chiropractic care and kids visit the International Chiropractic Pediatric Association website at www.icpa4kids.com

Why do children need chiropractic care?

The movement of the spine is a requirement for proper brain function, specifically the coordination of activities such as concentration and learning, emotions, motor control and organ function (including immune organs).

A vertebral subluxation and the subsequent neurological interference are most often created during the birthing process itself. Even the most natural births are somewhat traumatic to the infant and may cause damage. That damage does not necessarily cause any symptoms, but does begin to alter the mechanics of the spine and impair neurological pathways.

When should children first be checked?

We advise that children be checked for vertebral subluxations soon after birth due to the potential damaging effects of all births. Best case scenario is that when checked the child is subluxation free and nothing need be done at that time. Worst case scenario is that the child is never checked and indeed does have a subluxation, which starts their life in a subluxated state where proper body function is compromised. In fact, it is a common occurrence for us to be present to check children very soon after both hospital and home births.

Early neuro-spinal check ups and adjustments when necessary help prevent an accumulation of damage from occurring in the child's vital nerve system. It just makes sense to have the spine checked as they grow, develop and constantly adapt to the changes of life. A regular schedule of care is beneficial for all children and adults.

<http://www.chatswoodchiropractic.com/>
Family Chiropractic Chatswood

Brett Grant

Brett's first year of practice was spent specialising in the care of children with learning disorders. On December 2 1996 he opened Victoria Avenue Family Chiropractic on Victoria

<http://www.mooloolabachiropractor.com.au/services/Child-Chiropractor.html>
Mooloolaba Chiropractor

Matthew Smith

Paediatric Chiropractic Care

Kids Have Stressful Environments, Too.

The International Chiropractic Pediatric Association has initiated a ground-breaking study on the safety and effectiveness of chiropractic care for children. The preliminary results are outstanding and show that chiropractic care is safe for children. Even more significant are the unexpected benefits parents reported with their children's care:

1. Improved sleeping
2. Improved behavior and attitude
3. Improved immune system function

Orazio Trevisan

Paediatics

Why choose OG Kids Chiropractic versus other clinics?

Dr Orazio Trevisan (B.Sc, M. Chiro PGD, Chiro Sport Sc. MSc (Chiropractic Pediatrics)

has been a practicing chiropractor for over 15 years. Over that time he has continually studied and advanced his skills, knowledge and credentials. Being a father of two young girls, Orazio knows the importance of babies and children's health, and how crucial it is to follow up on any health issues a child may have.

Orazio has completed his masters of Pediatrics at the University of Wales. He is only one of a handful of chiropractors in the world that has completed this pediatric degree. He is the only university qualified pediatric chiropractic specialist on the NorthShore and NorthernBeaches.

Orazio has enjoyed seeing fantastic results amongst his young patients and he has experienced success in areas such as ear infections, bed wetting, back pain, plagiocephaly (asymmetry of the head), headaches, babies who are unsettled or not feeding well, clumsiness, sports injuries, and soft tissue injuries. These conditions, along with many others respond well to chiropractic care.

◊ Preventative health care

In western society, current medical practice has molded the way we think about disease, sickness, healthcare and also wellness. Because of this, the notion of taking a happy thriving baby or child to a doctor of any kind at first thought seems strange and unnecessary. There are, however, compelling reasons why regular chiropractic check-ups of a baby/child makes very good sense. To understand these reasons, it is necessary to think differently about how we look after our health. This involves attempting to prevent disease and have children obtain optimum health rather than trying to cure them when they get sick.

◊ What is a subluxation?

One of the bodies major systems is the nervous system. It is vital to the entire bodies operation. If the spine is not functioning properly, it can irritate or cause your baby/child's nervous system to dysfunction. This dysfunction is called a 'Subluxation'. Subluxation's occur for all sorts of reasons. The normal birth process, a fall or even a viral infection can cause a subluxation. Breast fed babies can also be affected by stress in the nursing mother which may result in a subluxation.

What pediatric conditions can be treated with chiropractic?

- ◇ Scoliosis (curvature of the spine)
- ◇ Nocturnal enuresis (bed wetting)
- ◇ Deformational plagiocephaly (flat spots on the head)
- ◇ Headaches
- ◇ Back pain
- ◇ Otitis media (ear infections)
- ◇ Babies who are unsettled
- ◇ Babies that are not nursing well on the mothers breast
- ◇ Children who are clumsy
- ◇ Children who have learning difficulties
- ◇ Colic
- ◇ Sporting injuries such as sprains/strains or joint problems
- ◇ Children experiencing sinus problems
- ◇ Children who have allergies

<http://www.nervana.com.au/baby-chiropractor-perth>
Nervana Chiropractic

Blake Horner

Veronica Horner

Olivia Gleeson

Louise Fisher

Paediatric Chiropractor



"Nervana kids" is a focus in each of our practices, we have play area's, baby change tables and staff who are happy to play with your kids or hold your baby if needed.

Nervana Kids is designed to give you the resources to be in control of the health of your family.

Your Nervana Chiropractor is here to support you and your kids.

Many parents bring their kids to nervana chiropractic for reasons such as ear infections, poor immune system, colic, reflux, bedwetting, behavioural issues, learning issues, developmental delay, balance, co-ordination issues, or gross or fine motor problems, (1) chiropractic is not a specific treatment for disease or ill health. However, when the brain and body function better so does your child. (2) (3)

With a brain and nervous system working at their best your child has the building blocks to be in the best state of health they can.

[Click here](#) to contact us for more information about the best [paediatric Chiropractor Perth](#) has to offer.

I am currently studying a diplomate in neuro-developmental paediatrics and I am certified in Webster's breech technique. I regularly do public speaking engagements, presenting at conferences around Australia to maternity hospitals, playgroups, schools, principles and maternal child health nurses. :
<http://melbournepaediatics.com.au/> & <http://www.hotfrog.com.au/Companies/Melbourne-Paediatics-Chiropractor-Gentle>
Melbourne Paediatics

Jim Skivalidas

About Melbourne Paediatrics. Chiropractor. Gentle

Melbourne Paediatrics Chiropractor, Dr. Jim Skivalidas, provides safe and gentle chiropractic care to babies and children

Jim, melbourne paediatrics chiropractor is located at 81 Bridge Street, Port Melbourne.

Dr. Jim Skivalidas has been practicing melbourne paediatrics - chiro care for more than 12 years. He has a post grad Certificate in Chiropractic Paediatrics.

As a melbourne paediatrics chiropractor, Dr. Jim has researched some of the benefits of chiropractic pediatrics with babies and children.

Melbourne Paediatrics Chiropractor

81 Bridge Street
Port Melbourne
(03) 9646 8600

Melbourne Paediatrics Chiropractor provides safe, natural solutions as well as gentle chiropractic care that may help your child with

ASTHMA
BEDWETTING
COLIC
A.D.H.D
EAR INFECTIONS

Please Call Melbourne Pediatrics Chiropractor (03) 9646 8600

<http://www.babyandchildchiropractor.com.au/>
Baby and Child Chiropractor

Alyson Murray

I invite clients to be checked once every 3–6 months

- ▶ *Poor sleep*
- ▶ *Growing pains*
- ▶ *Feet/foot turned in or out*
- ▶ *Recurrent tonsil or ear infections*
- ▶ *Bed wetting and daytime wetting*
- ▶ *Bowel issues: soiling, incontinence, constipation, chronic diarrhoea.*
- ▶ *Delayed walking without an obvious cause*
- ▶ *Issues with balance: clumsiness, unable to ride a bike by 6 years, constant tripping and falls*
- ▶ *Joint pain: ankle, knee, hip, wrist, elbow*

Baby Chiropractor Melbourne



Chiropractic for babies is gentle, safe and effective.

An initial visit within the first 4 weeks of life is highly recommended. This is especially relevant if there has been a history of prematurity, traumatic normal delivery, a multiple birth, or assisted delivery which includes forceps, vacuum extraction or caesarean section.

Babies' bodies are designed to be gently compressed as they pass through the birth canal. Assisted deliveries use distraction forces on the body to aid delivery. This puts a large amount of "stretching" stress on the head and neck structures (or in the case of emergency caesarean, whichever part they are able to grab first), which may cause issues in the newborn that are not commonly recognised as relating to the birthing process.

If you are looking at this website you are probably wondering if your baby could benefit from seeing a [Melbourne paediatric chiropractor](#). You may have already sought professional advice and been told that your baby is fine, but intuitively you know something is wrong.

<http://www.blakehurstchiro.com.au/about.html>

Blakehurst Chiropractic

David Pham

Preliminary studies suggest that colic, unusual crying; poor appetite, ear infections or erratic sleeping habits can be signs of spinal distress and that Chiropractic has a proven track record in helping with these problems.

- Just Not Feeling 100%
- Colic
- Bedwetting
- Digestive Complaints
- Allergies
- Pregnancy pains
- Stress and Nervous Tension
- Asthma
- Ear infections

<http://erinachiropractic.com.au/>

Erina Chiropractic Centre

Lisa Shelton

Elise McNamar

Lisa graduated from RMIT 24 years ago and has since undertaken past graduate studies in clinical Epidemiology and Paediatrics. She has served on the Federal Education committee for the Chiropractor's Association of Australia, writing practice guidelines for both Continuing Education and Professionalism. Lisa

Chiropractic & Children

In the first 3 years of life a child will undergo more nervous system development than they will for the rest of their life. The International Chiropractic Pediatric Association (ICPA) is currently undertaking a ground breaking study on the safety and effectiveness of Chiropractic care for children. In addition to showing that Chiropractic care is safe for children, three unexpected benefits parents reported with their children's care was; improved sleeping, behaviour, attitude and immune system function. The birth process can be a traumatic event in our life. Even 'natural' birthing methods can stress a developing spine. The resulting irritation to the nerve system can underly colic, unexplained crying, poor appetite, breathing problems, and allergic reactions. As a child begins to participate in regular childhood activities, learning to crawl, walk, ride a bike etc, injuries that occur during this period of rapid growth can lead to more serious problems. Subtle trauma throughout childhood will effect the future development of the spine and can impair nerve system function. This in turn can adversely effect the body's ability to function at its best. Chiropractic adjusting techniques are modified to suit a child's size, and their level of bone development and ossification (hardening).

<http://www.drjeaninerees.com/> & <http://www.southcoastchiropractic.com.au/>
Dr. Jeanine Rees

Jeanine Rees



2010 Certification in Chiropractic Pediatrics with the Council on Chiropractic Pediatrics and The Academy of Chiropractic Family Practice.

Currently completing Diplomate in Chiropractic Pediatrics with the International Chiropractic Pediatric Association.

http://www.byfordhealingarts.com.au/?attachment_id=68

Merri Harris

What We Offer

Byford healing arts is much more than a chiropractic based health clinic. We provide services to help all ages of people from young babies to the elderly. We nurture all aspects of the human condition by providing support for the emotional, spiritual, and physical. Besides providing very experienced chiropractors, we have specialist skills in musculo-skeletal complaints from the fingers to the toes and everything in between. We can nurture the soul by providing hot stone massage, energy healing and meditation. We can treat the whole person via massage, naturopathy and ayurvedic practices.

<https://www.facebook.com/gppccastlehill>
Windsor Cottage


Nadine Mulder

Gentle Pregnancy and Paediatric Chiropractic at Windsor Cottage

4.9 ★★★★★ (9 ratings)


220 likes · 11 talking about this · 57 were here

New South Wales, Aus...



★ 4.9

Case 4
Patient Age: 6 weeks
Harley was born on the 31st of May. Mum



<http://www.livinghealthcare.net.au/>
Living Health Care

Peter Pahos

We use gentle, safe and effective integrated chiropractic and kinesiology techniques for every stage of life from pre-conception, pregnancy, babies, children and adults.

10 Reasons Why Parents Take Their Children to see a Chiropractor.

By Dr J.Barham-Floreani the Well Adjusted Babies

- To improve the child's ability to concentrate.
- To assist with behavioural issues and offer emotional wellbeing
- To strength immunity and reduce the incidence of colds, earaches and general illness.
- To enhance their children's overall wellbeing
- To help alleviate bed wetting and digestive problems
- To improve posture
- To maximise and increase the child's plasticity (Brain and Nerve Development)
- To help with Asthma, breathing difficulties and allergies
- To assist with sleep issues
- To help with colic/ irritable baby syndrome.

<http://centralqueenslandchiropractic.com.au/aboutus.php>
Central Queensland Chiropractic

Jocelyn Olsson

We provide Chiropractic adjustments to clients of all ages.

Jocelyn is currently undertaking further post-graduate training in paediatrics.



<http://www.chirochildhealth.com.au/>
Chiropractic Children's Healthcare

Braden Keil

Adam Stewart

Louise Nelson

Carrie O'Neil

Chiropractic Care for Children

Chiropractic Children's Healthcare established the first clinic in Australia to provide chiropractic care just for children and remains Australia's leading centre for the provision of chiropractic care for children. All of the chiropractors at our clinics have completed or are involved in additional training at Master/Fellowship degree level, which is the highest qualification available in the world to chiropractors in this specialty.

Treating children and babies is not the same as treating adults. We ensure that your children are treated by chiropractors that only treat children with the aim of providing the best and most evidence based care for your child. We treat babies from when they are born and children until they are sixteen years old.

<http://www.healingwave.net.au/index.php/chiropractors>
Healing Wave Chiropractic

We may be able to help if your baby or child has...

Colic
Reflux/vomiting
Bedwetting
AD/HD
Headaches
Recurrent ear infections
Constipation
Breast-feeding problems
Irritability
Co-ordination problems
Learning difficulties
Behavioural problems
Sleep difficulties

Brooke T Wilcher

Jacey Pryjma

After studying at Macquarie University Brooke was eager to return home to Newcastle and has since joined the Healing Wave team at Warners Bay in 2007. Brooke is in the final stages of her Chiropractic paediatric diplomat certification. She is also currently studying to become an accredited calm birth practitioner.

Jacey is passionate about chiropractic care for families. After spending 5 years on the Northern Beaches, Sydney, Jacey joined the Warner's Bay team at Healing Wave at the end of 2012.

Certified by the Academy of Chiropractic Family Practice and the Council on Chiropractic Paediatrics, Jacey dedicates her practice to family, paediatric and pregnancy care.

<http://www.cranbournefamilychiro.com.au/blogs/cranbourne-family-chiropractic-blog/2012/01/29/paediatric-development>
Cranbourne Family Chiropractic

Andrew Arnold

Chiropractic for babies



Being born is a pretty traumatic experience – it's probably a good thing we don't remember it! Delivering a healthy baby into the world is a wonderful thing. There can be a few lumps and bumps along the way. All babies should be checked for spinal misalignment – along with their mums.

Many parents bring their newborn babies in for chiropractic check up and adjustments. This can help enormously if your baby is showing any particular signs of disturbance (such as colic). It is also part of making sure your baby has a happy and healthy start to life.

Babies up to 1 year old are free of charge when their parents come in for an adjustment.

Chiropractic helps the nervous system coordinate and control the body's functioning and development, including eating, sleeping and moving.

For more information, download our [Chiropractic and Children PDF](#).

<http://www.naturaltherapypages.com.au/connect/handsonhealthchiropractor/service/19975>
Hands on Health Chiropractic

Jana Judd

PAEDIATRIC CHIROPRACTIC CARE

"As the twig is bent, so grows the tree"

Why would a Child need to see a Chiropractor?? Everyday many children see a Chiropractor for all sorts of reasons. Children often develop spinal problems FROM BIRTH! It is unfortunately a common occurrence that babies are born with all sorts of interventions which can upset the delicate balance of their spine and nervous system. As they get older, they will often experience many falls and accidents. All of these things can affect the development of their brain and nervous system. Chiropractors are trained to remove any interference to the nervous system so that they can develop to their full potential. When these problems are resolved early the children don't grow up compensating for problems they developed from birth.

Adjusting a baby is not the same as adjusting a football player for example, just as it is different adjusting a ballerina. The adjustments done on a baby would generally not require more pressure than what you can tolerate pressing on an eyeball. Chiropractic has been able to help children with many varying conditions, such as: digestive issues and vomiting, difficulty breastfeeding, cold and flu, asthma, behavioral problems, or slower to reach developmental milestones.

<http://www.chfc.com.au/>
Claire Hogan Family Chiropractic

Clair Hogan

Helena Ford

Offering families a solid foundation for wellness in all stages of life.

Situated in Miranda, Clair Hogan Family Chiropractic offers families in the Sutherland Shire a solid foundation for wellness in all stages of life. We specialise in natural health care options for the entire family, including babies, management of neurodevelopmental disorders in children, healthy pregnancies, sporting injuries, back and neck pain, jaw problems, scoliosis, sciatica, disc injuries and aged care. Focusing on tailored care, our aim is to ensure each individual is given the chance to achieve optimum health. We are members of the Chiropractors Association of Australia.

<http://www.chiropracticfocus.com.au/#!/home/mainPage>
Chiropractic Focus

Steven Berntsen

Babies and Children

Unfortunately, our younger generation is not exempt from spinal problems.

The birthing process itself, whether natural or caesarean, can inflict enormous forces on an infant's spine, particularly a difficult birth. Forceps, suction, hands on pulling can all greatly and negatively impact a baby's spine leading to unsettled babies and other problems.

Medical doctors who conducted a study of spinal nerve stress in infants found from a random group of 1,250 babies, 5 days after birth, 95% presented with spinal abnormalities.

The doctors reported that spinal adjustments "frequently resulted in immediate quieting, cessation of crying, muscular relaxation and sleepiness".

They also stated that spinal nerve stress in the upper neck area causes "many clinical features from central motor impairment to lower resistance to infections - especially ear, nose and throat infections."

Paul Chamberlain

Dr Chamberlain has lectured at undergraduate and post-graduate level in Australia and New Zealand in the field of chiropractic paediatrics for over 10 years.

Dr Chamberlain currently supervises the candidates for the Fellowship of Chiropractic Paediatrics in Melbourne. He is also a member of the Chiropractors' Association of

At **chirochild**, Dr Chamberlain offers wellness checks for kids from day one. Given the nature of childbirth, **we recommend children are assessed soon after delivery.**

It may surprise some to learn that roughly **80% of our patients are assessed in their first year of life**. Whether your baby is born at hospital or at home, your child's nerves, muscles and joints can be assessed in the first few days of life.

Newborn checks are important because minor joint injuries can make life even harder for new parents and their babies. Importantly, the type of issues we seek to correct can disrupt newborn breastfeeding, and newborn sleeping. Small birth injuries may also contribute to reflux, 'colic' (irritability), flattened heads ('plagiocephaly'), constipation and wakefulness. Other children may dislike lying on their tummies, particularly if their wrists or shoulders are not working properly.

Newborn chiropractic assessments are a good way to get off to a great start.

<http://echirohealth.com/>
Essential Chiropractic & Healthcare Clinic

Michael Carbone

Damien Nagalingum



<http://www.alburywodongachiropractor.com.au/practitioners.html>

Alexandra Harris

Dr Alexandra Harris



Ally has wanted to be a Chiropractor since the age of 10 and in 2012 completed her 5 year Bachelor and Master degree in Chiropractic at Macquarie University in Sydney. A local girl, Ally was born in Wodonga and completed her high school education at The Scots School Albury. Ally is a keen fisher-women chasing everything from Redfin to Marlin.

She is focused on providing Chiropractic care and education to patients to improve their overall health and wellbeing

She is currently furthering her education to specialise in Pregnancy and Paediatric Chiropractic.

<http://www.sextonchiropractic.com.au/kids.htm>

Sexton Chiropractic

Matt Sexton

Michael Sexton

Ben Sexton

chiropractic for kids

Our highest priority at this practice is promoting spinal health in children.

The growing years are the most important years in the development of posture and even more importantly, the development of your nervous system.

Minor imbalances in the position or movement patterns of spinal bones may cause few obvious symptoms in children, yet these subluxations may have a significant impact on nerve function and therefore health ... both now and in the future.

Children with healthy spines are healthier children.

Chiropractic is safe, gentle and effective for people of all ages. Organise an appointment to have your children checked today.

Why Do Babies See Chiropractors?

Many people do not understand and are even surprised to find that babies, some only a few days old, have their spines checked by chiropractors. When the facts are explained however, it makes common sense.

<http://www.tweedcoastchiropractic.com.au/AboutUs/OurTeam.aspx>

Tweed Coast Chiropractic



Nathaly Desjardins

Nathaly Desjardins - Chiropractor

DC (Canada), B phys.Ed., FICPA (paediatrics)

Nathaly is from Quebec, Canada and graduated from the Canadian Memorial Chiropractic College in 2001. In addition she has a degree in Physical Education and a certificate with the International Chiropractic Pediatric Association.

The International Chiropractic International Chiropractic Pediatric Association (I.C.P.A.)

<http://www.icpa4kids.com/>

http://elitechiro.com.au/index_files/aboutus.html

Elite Chiropractic

Jill Miller

ELITE CHIROPRACTIC



Chiropractors—Highly skilled Sports, Paediatric Geriatric

ABOUT US IMPROVE YOUR HEALTH AND VITALITY

Dr Jay Miller is a highly skilled Sports Chiropractor looks after many **Australian** and **International** athletes, in a variety of codes and also specialises in **Paediatric and Geriatric** care.

Many scientific studies have shown chiropractic treatments can be helpful to **assist with an array of disorders**, including:

Asthma	Period Pain
Lower Back Pain	Behavioural Problems
Migraines / Headaches	Problems with Posture
Sciatica	Back Injuries
Bedwetting	Neck Pain
Colic / Reflux	Shoulders / Elbows
Ringing in the ears (tinnitus)	Ankles / Jaws
	Hips / Knees



<http://www.truelocal.com.au/business/chiropractic-at-salisbury/salisbury>

Chiropractic at Salisbury

Melissa Michels

We offer Chiropractic, Musculoskeletal and Neurological treatment for a diverse range of conditions including headaches, back and neck pain, disc conditions and arthritic joints. We are also able to cater to patient preference in relation to treatment styles. Dr. Melissa Michels holds a Graduate Diploma in Chiropractic Paediatrics and enjoys helping to maintain health and wellness in children. The Chiropractors treating at Chiropractic at Salisbury are Dr. Jay Russian and Dr. Melissa Michels.

http://www.completecityhealth.com.au/_blog/CCH/tag/paediatric_chiropractor/

Complete City Health

Debra Villar

Treatment of Children

Children are susceptible to trauma to their spines from various activities, such as learning to hold the head upright, crawling, learning to walk, parental handling and many other newly learned activities. As we know, children also have numerous falls and minor accidents that affect their spine. These microtraumas have a big impact in their future development.

These microtraumas cause misalignments in the spine which can affect your child's development, coordination and general health. Although symptoms such as pain are rarely seen in children, injury to the nervous system can have a lifetime of damaging effects.

All children should have regularly chiropractic check ups, just like dental check ups, but here are some indications that your child may be in particular need of chiropractic care:

- Difficult and/or long birth
- Caesarean section birth
- Difficulty breastfeeding
- Constant arching backwards
- Colic
- Reflux
- Unsettled periods
- Poor sleep
- Asthma
- Bed wetting
- ADHD
- Constipation
- Scoliosis
- Developmental issues (eg: Failure to thrive, poorly developed motor skills, cognitive disorders)

Dr Debra Villar

Dr. Debra Villar has over 14 years of experience in Chiropractic and has treated thousands of people with musculoskeletal issues over the years. Her passion is wellness through chiropractic, exercise and healthy living. Dr. Debra is focused on biomechanical correction therefore providing not only pain relief but also long term correction. Dr. Debra also has postgraduate studies in the paediatrics and pregnancy field and is a qualified Webster practitioner.

Education:

- Bachelor of Science (double major in Anatomy and Physiology),
- Master Degree in Chiropractic (Macquarie University),
- Graduate Certificate in Chiropractic Pediatrics,
- ICPA Diplomat Program (Current).

Member of:

- Chiropractor's Association of Australia,
- The Australian Spinal Research Foundation
- International Chiropractic Pediatric Association
- Associate member of the Australasian College of Chiropractors.

<http://www.completecarechiro.com.au/our-chiropractors.html>

Complete Care Chiro

Tim Maguire

Sophie Navin

Dr. Sophie Navin - Chiropractor, B.App.Sci-Comp Med-Chiropractic, Master of Clinical Chiropractic

Coming from a Chiropractic family Sophia has received Chiropractic care since birth, giving her a great appreciation for its power as an integral part of living a healthy lifestyle. She believes that at all ages people can receive the benefits of Chiropractic care and she has a particular interest in pursuing further studies in Chiropractic's role in paediatric neurodevelopment.

<http://www.youngchiropractic.com.au/children/babies-and-infants/>

Young Chiropractic

Rachel Young

Magda Lipnicka

- Unexplainable and or inconsolable crying
- Difficulty in settling
- Poor sleeping
- Breast feeding difficulties
- Difficulty travelling in a car
- Tummy pains and colic type symptoms.

At Young Chiropractic we are experienced in baby and infant Chiropractor care.

We specialise in Baby and Infant Chiropractic

<http://www.thechronicle.com.au/photos/buy/959896/>
The Chronicle Newspaper

Matthew Comerford

Paediatric chiropractor Dr Matthew Comerford with his daughter Thea and son Will is conducting research into eye tracking and reading ability. Volunteers aged between the ages of six and 12 years are needed for the study. Photo: Anthea Gleeson / The Chronicle

<http://www.burnsidechiropractic.com.au/about-us/>
Burnside Chiropractic

James Gardiner

We are also members of the Chiropractic Association of Australia (the peak member body of Chiropractors in Australia) and a member of the International Paediatric Chiropractic Association. Dr James was the Vice President of the Chiropractic Association of South Australia in 2011. Burnside Chiropractic was proud to win the Messenger Awards Health Care Category in 2010 for Adelaide and Eastern Suburbs!

<http://www.burleighchiropractic.com.au/>
Burleigh Chiropractic

Warwick Dean

Infants and children



Sometimes children suffer from misalignment as a result of difficult births and childhood accidents. It is a good idea to have young ones checked periodically for optimum health. They cannot always tell us where they hurt, but we can find it, fix the pain and help improve their bodily condition. No matter how vigilant parents try to be, they do not always see a child fall and hurt themselves. We at Burleigh West Chiropractic Centre are happy to be a second set of eyes.

<http://www.walkerfamilychiro.com.au/styled/index.html>
Walker Family Chiropractic

Tarryn Walker

Chris Walker

Following her graduation she worked for several years at Cotton Tree Chiropractic on Queensland's Sunshine Coast. At Cotton Tree her patients included young families, working adults and retirees. Tarryn has also undergone additional training in specific chiropractic techniques including training as a **paediatric chiropractor** to provide chiropractic treatment to children.

Following his graduation, Chris moved to Brisbane and worked in busy family orientated clinics. He has continued to develop his training, including **chiropractic paediatrics**.

<http://www.backtobasicschiropractic.com.au/chiropractor/sydney-chiropractor.html>
Back to Basics

Christopher Agius

Dr. Christopher Agius - Parramatta

Chris has a Bachelor of Chiropractic Science and Masters of Chiropractic degree, both from Macquarie University. He has worked closely with the Sydney Bulls Rugby League Club and Sydney Olympic Football Club over the past few years, and has a keen interest in sporting injuries and **paediatric care**.

Children and Chiropractic

The future health of children is affected a lot by their well-being in the first few years of life. It is during this time that the spine and related joints, bones and muscles develop.

An active lifestyle is vital in this development, as it assists in the formation and strengthening of the musculo-skeletal system. To make sure that your child is getting the best from their physical activity, it is important to have regular chiropractic check-ups.

Child Chiropractic is not only useful for treating muscle and joint injuries, it is an essential part of day-to-day health. Poor spinal health affects the functioning of the central nervous system, which has implications for many areas of the body. It has been shown that regular chiropractic care can assist in the treatment of [colic](#) and [ear infections](#). Chiropractic has also been shown to alleviate the symptoms and address the underlying causes of these and many more infant conditions.

Spinal problems can develop over time into conditions such as joint immobility, back and neck pain, headaches and scoliosis. Developmentally spinal problems can also lead to [coordination problems](#) such as delayed motor skills, congenital disorders such as [hip dysplasia](#) and [Perthes Syndrome](#). Chiropractic can help restore a normal quality of life to these children with light adjustments and specific exercises.

Did you know that the nervous system also plays a part in such disorders as [growing pains](#) and [sleep disorders](#)? Regular chiropractic care allows proper development and functioning of all areas of the body.

It is recommended that **children attend up to six spinal examinations a year**, at which time the development of the spine, joints and muscles will be investigated. Spinal check-ups performed when your baby begins to sit, crawl and walk can ensure that these movements are being performed correctly and identify any possible impediments to proper spinal maturity.



<http://www.farrellychiropractic.com.au/>
Farrelly Chiropractic

Peter Farrelly

Cas Grace



Chiropractic and children

Children, like adults, can be susceptible to spinal trauma from various activities and events such as birth or falls. These may irritate spinal joints and may decrease their bodies' ability to function optimally.

Children can receive very gentle chiropractic care as soon as they are born, as babies with subluxations may not attach to the breast correctly or can be irritable.

Dr Farrelly has more than 25 years experience of dealing with children.

Dr Peter Farrelly [Narre Warren and Caulfield]

Dr Peter Farrelly got interested in chiropractic as a teenager whilst studying engineering at Melbourne University.

He graduated from Chiropractic College in 1985 and then worked in chiropractic offices in Japan and England before setting up his own office in Melbourne. He opened the Narre Warren office in 1991.

He also completed a postgraduate diploma in *ergonomics* (the study of work) as well as advanced studies in both *pediatric adjusting* and in *Active Release Technique*.

Dr Cas Grace [Narre Warren]

Dr Cas Grace is a chiropractor and wellness consultant. She has completed a Bachelor of Complementary Medicine and a Masters in Clinical Chiropractic. Cas is currently furthering her studies by doing a Postgraduate Diploma of Chiropractic Paediatrics through the International Chiropractic Paediatric Association.

Cas is very passionate about benefits of chiropractic for both families and pregnancy. She is a certified Webster practitioner and specialises in helping women through their pregnancies with gentle techniques.

Sport has always been a big part of Cas's life and because of her personal achievements in sport, she understands the demands on the body and loves helping people achieve their optimal health and function.

Cas uses an array of techniques: Sacral Occipital techniques, Activator, Thompson, Cranial adjusting as well as diversified manual techniques.

<http://www.burswoodhealth.com.au/chiropractor-perth/babies-infants-and-chiropractic-health-care/>
Burswood Health
Abby Chilcott

Chiropractic Care for Babies and Infants



Many mothers are realising that baby chiropractic care and baby massage can be applied successfully to relieve a range of problems specific to babies and infants. It is very effective for:

- colic
- reflux
- irritable infant syndrome
- poor sleep/settling.

We also often see an inability in babies to turn their head equally to each side. This is termed a 'head turning preference' and may be due to birth trauma or back sleeping (see SID's sleeping guidelines).

Chiropractic care of babies is very gentle and relaxing. Most babies enjoy it and relax completely in the process. A sleeping baby will often continue to sleep through the procedure!

<http://www.localsearchengine.com.au/profile.cfm/Chiropractors/Total-Body-Chiropractic-Wellness-Centre/129800/>
Total Body Chiropractic and Wellness Centre

Mary Clutterbuck

Total Body Chiropractic & Wellness Centre
Safe Effective Gentle Techniques Family & Paediatric
Chiropractor
18 Hawker Street
Bowden 5007
8346 1955

<http://www.menai.com.au/listing/chiropractors/>
Dr Cameron Hopkins

Cameron Hopkins

[Dr Cameron Hopkins - Chiropractor](#)

Dr Cameron Hopkins is the paediatric and family chiropractor for Chiro 4 Family Wellness - Menai. Cameron has over 20 Shop 1a 62-70 Allison Crescent, MENAI NSW 2234

Website: www.chiro4familywellness.com

Phone: 02 9541 2100

<http://www.chiro-works.com.au/children.html>

Chiro Works Bayside

Alan Corin

Chiropractor for Children and Babies

Chiro-Kids

Kids may benefit from chiropractic too! Even children with no pain or symptoms may receive "wellness" benefits from regular chiropractic visits. There is nowadays a greater emphasis towards changing our approach to better health care delivery. One of the main shifts is away from crisis care and toward prevention and maintenance care. A term you will be hearing a lot in our practice is "wellness care." Wellness care is taking care of people while they have no symptoms so that they don't get sick.

The best people to get started with wellness care are kids. Children go through so many changes as they grow. All of the major systems go through countless developmental stages. The nerve system is the first to develop and controls all the others. It is therefore very important to have as little interference as possible with the nerve system in the growing child. Our experience at Chiro-Works is that the children that receive regular Chiropractic care have a much better immune response, are far more active and seem to show excellent concentration at school.

Research has shown that one of the worst interferences with the nerve system is a vertebral subluxation, a misalignment of the spine which results in pressure on the nerve system. Subluxations may occur very early in life. One of the first and most traumatic things to happen to the spine is the birth process. Especially in a difficult delivery, the trauma to the cervical bones can be dramatic.

<http://chiropracticinsight.com.au/darwin-chiropractic/babies-and-children/>
Chiropractic Insight

Stephanie Courtney

BABIES & CHILDREN

Chiropractors have been treating babies and children's spines for more than a 100 years. Many common childhood ailments will respond to this safe, natural form of health care. More and more parents – especially those who are already chiropractic patients themselves – are seeking chiropractic care for their children.

Why do my kids need chiropractic?

Chiropractic is based on the important relationship between the spine and the nervous system. One of the most basic ideas in chiropractic is that dysfunction in the spine and its joints can lead to dysfunction within the nervous system – and since the nervous system controls and coordinates all of the systems of the body, spinal dysfunction can have wide ranging effects on the body's health.

Chiropractors are trained to evaluate and treat this dysfunction within the spine and other joints.

A child has many physical stresses to deal with during their growing years, and problems in children's spines can occur at almost any point in their development and growth.

<http://www.precisionhealthcare.com.au/index.html>
Precision Healthcare

Carrie O'Neil

Dr Carrie O'Neil is the newest addition to the team at Precision Healthcare in Highton. We are privileged to have a paediatric chiropractor back in our ranks. Carrie

<http://www.inspiredhealthchiropractic.com.au/InfantandBabyChiropractors>
Inspired health Chiropractic

Patrick McPhie

Infants / Baby Chiropractors

Specialist Chiropractors



Many people wonder why you would need to take a child to a chiropractor, let alone a newborn baby. It's a good question, but it must be said that your baby is not brand new when it is born, in fact it has been developing in the mother's womb for around 9 months when born. It may well be cramped up inside depending on how much room and how much amniotic fluid there is.

Mum may even remember feeling her child sitting on her hip or in an awkward position whilst in utero. These internal environmental factors can all have an effect on your baby's spine and nervous system.

Then it all happens, the birthing process. This is a very important process in the development of the health of each baby, however it is a very traumatic event and as such can affect your baby's spine.

<http://thenaturalclinic.com.au/our-services.php#!>

The Natural Clinic

<http://www.back2healthandvitality.com.au/kids-chiro/Kids-Chiro-What-Can-We-Help.aspx>

Back2Health & Vitality

Adam Sherriff

Paediatric Chiropractic



Adam Sherriff BAppSc, MClin (Chiropratic), PGradCert Neonatal, InfManTher

A Paediatric Chiropractor understands that a child's wellbeing is connected to their ability to grow, learn, develop and most importantly, reach their potential. Up to 80% of newborns can have spinal misalignments due to the birthing process. Common complaints like growing pains, colic and reflux can actually be associated with problems from spinal posture. Add in the tripping, falling and tumbling infants and children of all ages get up to and you have a good reason to check in for a check up.

Adam is a highly regarded practitioner for his gentle approach to children's health and wellbeing, not only treating infants, but children to the age of 16yrs, helping them to maximise their growth by using manual therapies in order to relieve discomfort and provide a reliable structure for development.

To learn more about Kids Chiro visit www.back2healthandvitality.com.au

<http://www.peninsulachiropractic.com.au/#!additional-services/c1mhs>

Peninsula Chiropractic Centre

Belinda Hall

Dr. Belinda Hall BAppSc(Chiropractic) MCSc(Paediatrics) CIMI
Member Chiropractors and Osteopaths College Australasia

Your chiropractor for adults, babies and children Dromana, McCrae, Safety Beach, Red Hill, Flinders

<http://www.tyackhealth.com.au/chiro paed>
Tyack Health

Michael O'Doherty

Chiropractic Paediatrics



[Chiropractic Paediatrics](#) | [Chiropractic Adjustments](#) | [Benefits](#) | [Practitioner](#) | [Fees](#)

Chiropractic Paediatrics

As an extension to our Chiropractic department, Tyack Health offers specialised care of infants and children in our paediatric department.

<http://gisbornechiropractic.com.au/the-clinic-team.html>
Gisborne Chiropractic

Bruce Ellis

Verity Ellis

Dr. Bruce Ellis, JP Chiropractor



***BAppSc(Chiro), MChiroSc, BBSc, DipAppSc(Hum Biol),
GradCertChiroPaeds, FACC, MCAA***

Dr Bruce moved his family to Gisborne in 1981 and started practice in December of that year. He has been in continuous practice in Gisborne ever since.

As well as a Bachelor in Behavioural Science, he has a Bachelor of Applied Science in Chiropractic, a post graduate Masters in Chiropractic Science and a post graduate Certificate in Paediatrics.

Dr. Bruce has a broad spectrum practice, using natural and herbal medicines along with kinesiology and a number of different chiropractic techniques to aid your healing.

Dr. Verity Ellis - Chiropractor

BAppSc(CompMed), MClChiro

Dr. Verity Ellis graduated from RMIT University in 2008 with a Bachelor of Applied Science in Complementary Medicine and in 2010 with a Master of Clinical Chiropractic, both degrees with distinction. In 2008 Verity was awarded the CAA National Academic Excellence award and in 2010 she received the Achievement in Paediatric Care Award.

Prior to joining the team at Gisborne in May 2013 she worked in Rosanna treating lots of paediatric patients. Verity has a strong practice interest in families and children as well as pre and post natal care.

She is currently studying to complete a Diploma in Chiropractic Paediatrics as well as studying chiropractic neuro-rehabilitation in the post graduate programs provided by the Carrick Institute of Graduate Studies (Florida, USA).

2. Osteopathic Paediatricians - Practitioners

<http://www.buderimosteopath.com.au/paediatric-osteopathy.php>

The Buderim Osteopath

Roger Kingston

Paediatric Osteopathy

The treatment of babies and children by Osteopaths is nothing new and is rapidly developing into a high specialised area of Osteopathy.

Indeed the accredited founder of Osteopathic Medicine, Dr Andrew Still, an allopathic Dr over 100 years ago claims that it was because of serious children's illnesses that caused him to look and find a better way of treating them.

Much has changed over 100 years and today the modern paediatric osteopath is highly trained with extensive post graduate training in the field. Some may possess MSc degrees whilst others put "the hours in" in specialist clinics under supervision with an expert. I am one of the later who was so lucky that in my training at the London Osteopathic Centre for Children (OCC), I was supervised by the 2 greatest Osteopaths of this decade, Peter Armitage and Stuart Korth. My time at the OCC was a magical time of learning and of seeing such rare and severe cases that wouldn't normally present in private practice and they were usually substantially helped.

Whilst many have preconceived ideas of Osteopathy for adults few, unless their children have experienced it, have any notion of what paediatric osteopathy is yet alone why it is a speciality! The physiology, anatomy and developmental neurology differs greatly from a pre-term baby, a baby, a toddler, a child to a teenager; and as these differences exist so a totally different set of protocols and osteopathic treatment strategies exist for their effective care.

<http://www.nso.com.au/babies.html>

North Shore Osteopaths

Sharon Franklin

Melissa Jhey

Sarah Graeme-Evans

Kate Piller

Rati Howley

babies & children - paediatric osteopathy

Paediatric osteopathy is based on the principle that many common ailments - whether minor or serious - result from an imbalance somewhere in the body caused by stress during pregnancy and the birthing process.

Most people would assume that babies have no stresses and strains in their bodies as they are so young and have been protected in the womb. However, the enormous pressures that a baby is subjected to during the birthing process can cause tension that is retained in the body long after birth.

These unresolved birth strains may lead to your baby being unsettled and fractious, as well as leaving them more vulnerable to musculo-skeletal problems such as headaches and back pain, as they grow. This can cause discomfort that may lead to reduced concentration at school, affecting social and academic development.*

Paediatric osteopaths have a highly developed sense of touch. They use this, combined with a detailed birth case history and structural examination to determine the extent and location of any areas of restriction (strain patterns) in the baby's body. They then use extremely gentle manual techniques to resolve these strains in order to relieve discomfort and improve the body's function. This will allow the different body systems - the nervous system, the immune system, the muscular system and the circulatory system - to work effectively and optimally. The treatment uses no drugs, and is non-invasive.

<http://www.brisbaneosteopathic.com.au/babies-children>
Brisbane Osteopathic Centre

Shayne Day

Scott Baxter

Rebecca Reed-Baxter

Anna Wong Soo

Emma Kopicikas

Study & lecturing

I have studied with Dr James Jealous, Biodynamics of Osteopathy in the Cranial Field. I have also studied and lectured for Sutherland Cranial Teaching Foundation of ANZ, and the Biodynamic of Osteopathy in Australia group.

Special interests

I enjoy treating babies and children – my wife and I have three of our own. I enjoy treating babies for issues including colic, reflux, unsettled behaviour, after vaccinations and after tongue tie release procedures. Due to my autoimmune disease, I also have a strong interest in treating those with autoimmune disorders, as well as Chronic Fatigue syndrome and post-surgical care.

Interests:

I have a special interest in treating:

- women's health and pregnancy
- babies and children's developmental issues
- feeding difficulties including after tongue tie release procedures
- treatment for babies and children after vaccination
- headaches and migraines
- adolescent growing pains
- sports injuries
- back and neck pain
- shoulder pain
- abdominal problems

Professional development

I have completed over 400 hours of additional training in Osteopathy in the Cranial Field. This included courses with the Sutherland Cranial Teaching Foundation and completing the Biodynamics of Osteopathy in the cranial field phase programme twice over many years. I had the privilege to be taught by Dr James Jealous from America and other experienced osteopaths trained in Europe. These courses included: treatment of children, clinical neurology, embryology and the osteopathic approach to dental problems.

Special interests

I have a special interest in treating children – particularly those with recurring ear and respiratory infections. Having suffered these problems as a child, I believe that osteopathy can really make a difference to their health and development. I also have an interest in treating children and adults with adverse outcomes from dental and orthodontic work.

Special interests

- mothers and babies
- colic and reflux in infants
- feeding difficulties including treatment for after tongue tie release procedures
- children, especially behavioural and learning difficulties
- chronic fatigue syndrome (due to my personal experience with this condition)
- autoimmune disorders

I definitely have an interest in treating babies and children. I never get tired of watching how quickly they respond to treatment. I want to do whatever I can to give a child the best possible start to life whether they are new born, on the move or starting big school.

Special interest: Breastfeeding

Since becoming a mother and having my own breastfeeding challenges I have become a breastfeeding advocate and really love helping mothers with their breastfeeding challenges. So much so that I've started my own website, www.breastfeeding-babies.com and released a short self help book entitled "What is Mastitis? A Self Help Guide".

Apart from mastitis I also really love helping babies learn how to breastfeed more efficiently, and with less damage to a mother's nipples. I work specifically with their rooting reflexes and movement in their head, neck, throat and mouth to improve your breastfeeding journey.

Special interest: children's health

I also enjoy treating children - especially those with broken bones. Children have such an innate capacity for healing. It's rewarding seeing how quickly they respond to treatment. It is also rewarding to know that improving their function at an early age will have a large impact on their comfort and functionality in their future years.

Special interest: babies' health

As a new mother, I look forward to being able to naturally treat any of my little one's complaints - such as poor suckling and attachment, teething pain, unsettled days, poor sleep, constipation, and after bumps and falls. When I treat these complaints in babies in the clinic, it is always exciting to see how much difference it makes - not only to the baby, but also to the whole family's health and happiness.

Babies & Children

A baby or child over-tired and in distress can affect the whole family. If not treated properly, the unsettledness may go on for years. This suffering can be relieved as our paediatric-inclined osteopaths show time and time again.

Cranial osteopathy for babies

As a soothing, non-invasive therapy, cranial osteopathy is particularly successful with babies. Being so young, it is commonly assumed that babies have no structural stresses or strains in their bodies. In fact, the inverse is often true. The birth experience can leave many babies with overt or underlying pain. And the stress of it can cause colic, difficulty feeding, sleep problems and other issues.

http://www.startlocal.com.au/health/osteopath/vic_melbourne/Yarraville_Osteopathy_1042789.html &

<http://yarravilleosteopathy.com.au/>

Yarraville Osteopathy

Jim Pattinson

About

Yarraville Osteopathy offers a holistic approach to the assessment and treatment of pain and mobility. We offer treatment for a wide range of conditions including Spinal Care, Back Pain, Sciatica, Headaches and Migraines, Sinusitis, Arthritis, RSI, Pregnancy and Post Natal Care (including colic), Pediatric Osteopathy and Sports Care.

http://www.startlocal.com.au/health/osteopath/vic_melbourne/Rowville_Family_Osteopathy_Dr_Justin_Tate_1733507.html

Rowville Family Osteopathy

Justin Tate

Specialties

Osteopathy, Cranial Osteopathy, Pediatric Osteopathy, Obstetric Osteopathy