

## Cochrane Reviews on Acupuncture - November 2017

Acupuncture for Fibromyalgia	The small sample size, scarcity of studies for each comparison, lack of an ideal sham acupuncture weaken the level of evidence and its clinical implication	<a href="http://www.cochrane.org/CD007070/MUSKEL_acupuncture-for-fibromyalgia">http://www.cochrane.org/CD007070/MUSKEL_acupuncture-for-fibromyalgia</a>
Acupuncture to treat vascular dementia	The effectiveness of acupuncture for vascular dementia is uncertain	<a href="http://www.cochrane.org/CD004987/DEMENTIA_acupuncture-to-treat-vascular-dementia">http://www.cochrane.org/CD004987/DEMENTIA_acupuncture-to-treat-vascular-dementia</a>
Acupuncture and assisted conception	There is no evidence that acupuncture improves live birth or pregnancy rates in assisted conception.	<a href="http://www.cochrane.org/CD006920/MENSTR_acupuncture-and-assisted-conception">http://www.cochrane.org/CD006920/MENSTR_acupuncture-and-assisted-conception</a>
Acupuncture for cancer-related pain in adults	insufficient evidence	<a href="http://www.cochrane.org/CD007753/SYMPT_acupuncture-cancer-related-pain-adults">http://www.cochrane.org/CD007753/SYMPT_acupuncture-cancer-related-pain-adults</a>
Acupuncture for dysphagia in acute stroke	not enough evidence to make any conclusion	<a href="http://www.cochrane.org/CD006076/STROKE_acupuncture-for-dysphagia-in-acute-stroke">http://www.cochrane.org/CD006076/STROKE_acupuncture-for-dysphagia-in-acute-stroke</a>
Acupuncture for uterine fibroids	There is no reliable proof of effectiveness of acupuncture for uterine fibroids	<a href="http://www.cochrane.org/CD007221/MENSTR_acupuncture-for-uterine-fibroids">http://www.cochrane.org/CD007221/MENSTR_acupuncture-for-uterine-fibroids</a>
Acupuncture for irritable bowel syndrome	no benefits of acupuncture	<a href="http://www.cochrane.org/CD005111/IBD_acupuncture-for-irritable-bowel-syndrome">http://www.cochrane.org/CD005111/IBD_acupuncture-for-irritable-bowel-syndrome</a>
Auricular acupuncture for cocaine dependence	currently no evidence	<a href="http://www.cochrane.org/CD005192/ADDICTN_auricular-acupuncture-for-cocaine-dependence">http://www.cochrane.org/CD005192/ADDICTN_auricular-acupuncture-for-cocaine-dependence</a>
Acupuncture for acute management and rehabilitation of traumatic brain injury	does not allow us to make conclusive judgments on the efficacy and safety of acupuncture	<a href="http://www.cochrane.org/CD007700/INJ_acupuncture-for-acute-management-and-rehabilitation-of-traumatic-brain-injury">http://www.cochrane.org/CD007700/INJ_acupuncture-for-acute-management-and-rehabilitation-of-traumatic-brain-injury</a>
Acupuncture for depression	Insufficient evidence	<a href="http://www.cochrane.org/CD004046/DEPRESSN_acupuncture-for-depression">http://www.cochrane.org/CD004046/DEPRESSN_acupuncture-for-depression</a>
Acupuncture for the symptomatic treatment of restless legs syndrome.	insufficient evidence	<a href="http://www.cochrane.org/CD006457/MOVMENNT_there-is-insufficient-evidence-to-support-the-use-of-acupuncture-for-the-symptomatic-treatment-of-restless-legs-syndrome">http://www.cochrane.org/CD006457/MOVMENNT_there-is-insufficient-evidence-to-support-the-use-of-acupuncture-for-the-symptomatic-treatment-of-restless-legs-syndrome</a>
Acupuncture for shoulder pain	Due to a small number of clinical and methodologically diverse trials, little can be concluded from this review. There is little evidence to support or refute the use of acupuncture for shoulder pain	<a href="http://www.cochrane.org/CD005319/MUSKEL_acupuncture-for-shoulder-pain">http://www.cochrane.org/CD005319/MUSKEL_acupuncture-for-shoulder-pain</a>
Acupuncture for insomnia	lack of high-quality clinical evidence to inform us about the efficacy and safety of acupuncture.	<a href="http://www.cochrane.org/CD005472/DEPRESSN_acupuncture-for-insomnia">http://www.cochrane.org/CD005472/DEPRESSN_acupuncture-for-insomnia</a>

Acupuncture for chronic asthma	not enough evidence	<a href="http://www.cochrane.org/CD000008/AIRWAYS_acupuncture-for-chronic-asthma">http://www.cochrane.org/CD000008/AIRWAYS_acupuncture-for-chronic-asthma</a>
Acupuncture for stroke rehabilitation	inadequate evidence to draw any conclusions about its routine use	<a href="http://www.cochrane.org/CD004131/STROKE_acupuncture-stroke-rehabilitation">http://www.cochrane.org/CD004131/STROKE_acupuncture-stroke-rehabilitation</a>
Acupuncture for Bell's palsy	The quality of the included trials was inadequate to allow any conclusion about the efficacy of acupuncture	<a href="http://www.cochrane.org/CD002914/NEUROMUSC_acupunct-ure-for-bells-palsy">http://www.cochrane.org/CD002914/NEUROMUSC_acupunct-ure-for-bells-palsy</a>
Acupuncture and dry-needling for low back pain	The data do not allow firm conclusions about the effectiveness of acupuncture for acute low-back pain.	<a href="http://www.cochrane.org/CD001351/BACK_acupuncture-and-dry-needling-for-low-back-pain">http://www.cochrane.org/CD001351/BACK_acupuncture-and-dry-needling-for-low-back-pain</a>
Acupuncture for acute stroke	Acupuncture appeared to be safe but without clear evidence of benefit.	<a href="http://www.cochrane.org/CD003317/STROKE_acupuncture-for-acute-stroke">http://www.cochrane.org/CD003317/STROKE_acupuncture-for-acute-stroke</a>
Acupuncture for osteoarthritis	benefits are small, do not meet our pre-defined thresholds for clinical relevance, and are probably due at least partially to placebo effects from incomplete blinding.	<a href="http://www.cochrane.org/CD001977/MUSKEL_acupuncture-for-osteoarthritis">http://www.cochrane.org/CD001977/MUSKEL_acupuncture-for-osteoarthritis</a>
Acupuncture for people with autism spectrum disorders (ASD)	Current evidence does not support the use of acupuncture for treatment of ASD.	<a href="http://www.cochrane.org/CD007849/BEHAV_acupuncture-for-people-with-autism-spectrum-disorders-asd">http://www.cochrane.org/CD007849/BEHAV_acupuncture-for-people-with-autism-spectrum-disorders-asd</a>
Acupuncture... helping smokers who are trying to quit	no consistent, bias-free evidence that acupuncture, acupressure, or laser therapy have a sustained benefit on smoking cessation for six months or more	<a href="http://www.cochrane.org/CD000009/TOBACCO_do-acupuncture-and-related-therapies-help-smokers-who-are-trying-to-quit">http://www.cochrane.org/CD000009/TOBACCO_do-acupuncture-and-related-therapies-help-smokers-who-are-trying-to-quit</a>
Acupuncture for elbow pain	There is insufficient evidence to either support or refute the use of acupuncture (either needle or laser) in the treatment of lateral elbo	<a href="http://www.cochrane.org/CD003527/MUSKEL_acupuncture-for-elbow-pain">http://www.cochrane.org/CD003527/MUSKEL_acupuncture-for-elbow-pain</a>
Acupuncture for epilepsy	The current evidence does not support acupuncture for treating epilepsy.	<a href="http://www.cochrane.org/CD005062/EPILEPSY_acupuncture-for-epilepsy">http://www.cochrane.org/CD005062/EPILEPSY_acupuncture-for-epilepsy</a>
Acupuncture for period pain	There is insufficient evidence to demonstrate whether or not acupuncture or acupressure are effective	<a href="http://www.cochrane.org/CD007854/MENSTR_acupuncture-period-pain">http://www.cochrane.org/CD007854/MENSTR_acupuncture-period-pain</a>
Acupuncture for mumps in children	could not reach any conclusion about the efficacy and safety of acupuncture	<a href="http://www.cochrane.org/CD008400/ARI_acupuncture-for-mumps-in-children">http://www.cochrane.org/CD008400/ARI_acupuncture-for-mumps-in-children</a>
Acupuncture for near-sightedness in children	no conclusions can be drawn for the benefit of co-acupressure for slowing progress of myopia in children	<a href="http://www.cochrane.org/CD007842/EYES_acupuncture-for-near-sightedness-in-children">http://www.cochrane.org/CD007842/EYES_acupuncture-for-near-sightedness-in-children</a>
Acupuncture .. for patients with glaucoma	it is impossible to draw reliable conclusions from available data to support the use of acupuncture for the treatment of glaucoma	<a href="http://www.cochrane.org/CD006030/EYES_acupuncture-as-a-treatment-modality-for-patients-with-glaucoma">http://www.cochrane.org/CD006030/EYES_acupuncture-as-a-treatment-modality-for-patients-with-glaucoma</a>
Acupuncture on IVF outcomes	Acupuncture does not improve IVF outcomes and should not be offered routinely as an adjunct to fertility treatment.	<a href="http://arizona.openrepository.com/arizona/handle/10150/188335">http://arizona.openrepository.com/arizona/handle/10150/188335</a>

Acupuncture for induction of labour	no clear benefit from acupuncture or acupressure	<a href="http://www.cochrane.org/CD002962/PREG_acupuncture-or-acupressure-induction-labour">http://www.cochrane.org/CD002962/PREG_acupuncture-or-acupressure-induction-labour</a>
Acupuncture for ADHD in children and adolescents	there is no evidence base of randomised or quasi-randomised controlled trials to support the use of acupuncture as a treatment for ADHD in children and adolescents	<a href="http://www.cochrane.org/CD007839/BEHAV_acupuncture-for-adhd-in-children-and-adolescents">http://www.cochrane.org/CD007839/BEHAV_acupuncture-for-adhd-in-children-and-adolescents</a>
Acupuncture for polycystic ovarian syndrome	there is insufficient evidence	<a href="http://www.cochrane.org/CD007689/MENSTR_acupuncture-polycystic-ovarian-syndrome">http://www.cochrane.org/CD007689/MENSTR_acupuncture-polycystic-ovarian-syndrome</a>
Acupuncture for nausea and vomiting .. chemotherapy treatment	manual acupuncture did not reduce first day vomiting	<a href="http://summaries.cochrane.org/CD002285/acupuncture-for-nausea-and-vomiting-which-has-been-induced-by-having-chemotherapy-treatment">http://summaries.cochrane.org/CD002285/acupuncture-for-nausea-and-vomiting-which-has-been-induced-by-having-chemotherapy-treatment</a>
Acupuncture and electroacupuncture for rheumatoid arthritis	acupuncture has no effect on ESR, CRP, pain, patient's global assessment, number of swollen joints, number of tender joints, general health, disease activity and reduction of analgesics	<a href="http://www.cochrane.org/CD003788/MUSKEL_acupuncture-and-electroacupuncture-for-rheumatoid-arthritis">http://www.cochrane.org/CD003788/MUSKEL_acupuncture-and-electroacupuncture-for-rheumatoid-arthritis</a>
Acupuncture ....for bedwetting in children	no reliable information	<a href="http://www.cochrane.org/CD005230/INCONT_complementary-treatments-such-as-hypnosis-psychotherapy-acupuncture-chiropractic-and-medicinal-herbs-for-bedwetting-in-children">http://www.cochrane.org/CD005230/INCONT_complementary-treatments-such-as-hypnosis-psychotherapy-acupuncture-chiropractic-and-medicinal-herbs-for-bedwetting-in-children</a>
Acupuncture for postoperative nausea and vomiting	inconclusive evidence	<a href="http://www.cochrane.org/CD003281/ANAESTH_wrist-pc6-acupuncture-point-stimulation-prevent-nausea-and-vomiting-after-surgery">http://www.cochrane.org/CD003281/ANAESTH_wrist-pc6-acupuncture-point-stimulation-prevent-nausea-and-vomiting-after-surgery</a>
Interventions for nausea and vomiting in early pregnancy	inconclusive evidence	<a href="http://www.cochrane.org/CD003281/ANAESTH_wrist-pc6-acupuncture-point-stimulation-prevent-nausea-and-vomiting-after-surgery">http://www.cochrane.org/CD003281/ANAESTH_wrist-pc6-acupuncture-point-stimulation-prevent-nausea-and-vomiting-after-surgery</a>
Acupuncture for treating functional dyspepsia	the low quality of evidence obtained has not permitted a robust conclusion concerning the efficacy and safety of acupuncture in the treatment of FD.	<a href="http://www.cochrane.org/CD008487/UPPERGI_acupuncture-for-treating-functional-dyspepsia">http://www.cochrane.org/CD008487/UPPERGI_acupuncture-for-treating-functional-dyspepsia</a>
Acupuncture for menopausal hot flushes	insufficient evidence	<a href="http://www.cochrane.org/CD007410/MENSTR_acupuncture-for-menopausal-hot-flushes">http://www.cochrane.org/CD007410/MENSTR_acupuncture-for-menopausal-hot-flushes</a>
Acupuncture for pain in endometriosis	The evidence to support the effectiveness of acupuncture for pain in endometriosis is limited,	<a href="http://www.cochrane.org/CD007864/MENSTR_acupuncture-for-pain-in-endometriosis">http://www.cochrane.org/CD007864/MENSTR_acupuncture-for-pain-in-endometriosis</a>
Acupuncture for urinary incontinence	The effect of acupuncture for stress urinary incontinence for adults is uncertain.	<a href="http://www.cochrane.org/CD009408/INCONT_acupuncture-for-stress-urinary-incontinence-in-adults">http://www.cochrane.org/CD009408/INCONT_acupuncture-for-stress-urinary-incontinence-in-adults</a>

Acupuncture for sudden-onset ankle sprain in adults

does not provide reliable support for either the effectiveness or safety of acupuncture treatments, alone or in combination with other non-surgical interventions

[http://www.cochrane.org/CD009065/MUSKINJ\\_acupuncture-for-sudden-onset-ankle-sprains-in-adults](http://www.cochrane.org/CD009065/MUSKINJ_acupuncture-for-sudden-onset-ankle-sprains-in-adults)

Acupuncture for dry mouth

no different from placebo

[http://www.cochrane.org/CD009603/ORAL\\_non-drug-treatments-for-dry-mouth-symptoms](http://www.cochrane.org/CD009603/ORAL_non-drug-treatments-for-dry-mouth-symptoms)